

Growing up is a lot of work. Help your children along the way with KidScents® oils! These mild essential oil blends are safe, pure alternatives to commercial solutions. Plus, they are specially formulated to just the right strength for children, so you never have to dilute them.

#### Owie™

• Stash this oil in your purse so you always have it on hand for your kids' outdoor activities. Apply 2-4 drops to desired area as needed. We recommend using AromaGlide roller fitments.

### Sleepylze™

- Add 2–4 drops to a warm evening bath.
- Rub into hands and smooth over your child's pillow as part of his or her nightly routine.
- Apply to children's feet as part of a before-nap or bedtime routine.

# SniffleEase™

- Use this blend to create essential oil-infused tissues. Remove tissues from their box. Pour 3–4 drops of SniffleEase onto a cotton ball, and seal the cotton ball with your tissues in an airtight container for 24 hours. Remove tissues from airtight container and replace in box. Repeat as needed to refresh scent.
- Diffuse in children's bedrooms at night or during naptimes.

Rev. Jeremy Wood HMP, RMT Yongliving.com/singup #1698884

#### • Diffuse during afterschool activities such as homework,

music practice, or creative projects.

GeneYus™

# TummyGize™

 Great for use before or after mealtimes. Apply 2-4 drops topically to little tummies as needed. We recommend using AromaGlide<sup>™</sup> roller fitments.

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To learn more about KidScents oils, visit YoungLiving.com.